

**ABSTRACT OF THE DISCLOSURE**

An apparatus including a processor which processes a request to at least one of access, obtain, change, alter, and modify, information contained in a healthcare record or file associated with a patient, determines whether a requesting individual or entity is authorized to at least one of access, obtain, change, alter, and modify, information contained in the healthcare record or file, facilitates an at least one of accessing, obtaining, changing, altering, and modifying, of the information, and generates a notification report containing information regarding the at least one of accessing, obtaining, changing, altering, and modifying, of the information contained in the healthcare record or file, and a transmitter, which transmits the notification report to a communication device associated with the patient in real-time on or over the Internet and/or World Wide Web or on or over a wireless communication network.